



TEAM ARMY BIO

Specialist Janmiguel Torres-Cruz sustained a left knee injury in Poland and was subsequently MEDEVAC'd to Fort Stewart's SRU. Initially, the injury's impact on his life was challenging and disheartening. However, the dedicated SRU team provided unwavering support, helping him regain confidence and aiding his recovery.

A lifelong sports enthusiast, SPC Torres-Cruz rediscovered his passion through the adaptive reconditioning programs offered by the SRU. The adaptive sports and support from the AR team rekindled the fire in his heart and mind, pushing him to achieve better health and well-being. He is deeply grateful to the AR team for their relentless encouragement and belief in his potential.

As his time at the SRU draws to a close, SPC Torres-Cruz reflects on his growth as a soldier and individual. He believes that a positive mindset can uncover opportunities in everything. Competing with Team Army and alongside fellow soldiers and veterans who have faced similar challenges is one of the most gratifying experiences for him. SPC Torres-Cruz encourages everyone to believe in themselves, emphasizing that a positive attitude leads to finding opportunities in every circumstance. GO ARMY!



Full Name

Janmiguel Torres-Cruz

Preferred Name

Jan

Rank/Abbreviation

Specialist/SPC

Service Branch

Reserves

Injury or Illness

Left ACL

Hometown (City, State)

Ponce, PR

Current Location/SRU

Fort Stewart, GA

MEDIA CONTACT

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